




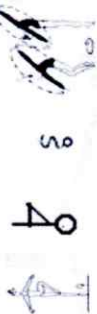
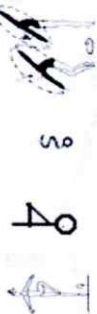
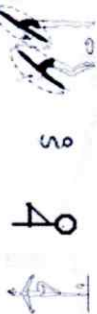
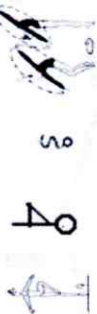
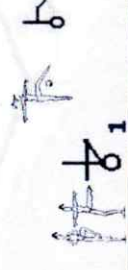
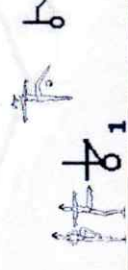














Tavola Difficoltà di Rotazione ()

		Valore					
		0,10	0,20	0,30	0,40	0,50	
1	Pivot 360°, arto sollevato avanti/laterale/dietro						
	180° 						
2	Due chainée (non Lancio)						
3							
4	Capovolta laterale (non su lancio)						
5	Rotazione sul bacino con gambe raccolte (180° o più)						
6		