

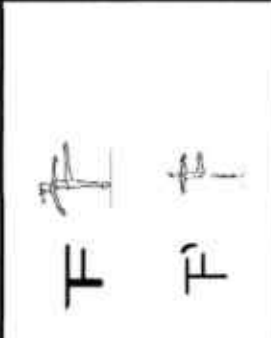

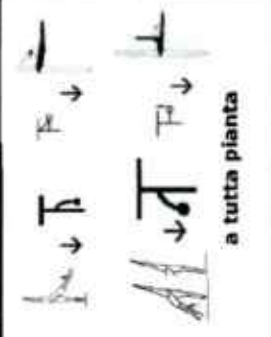


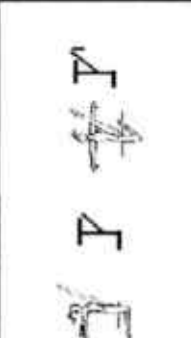
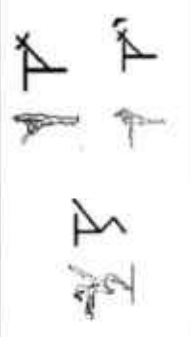


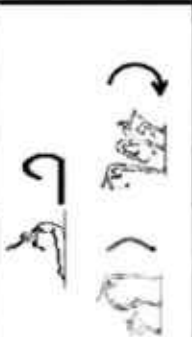

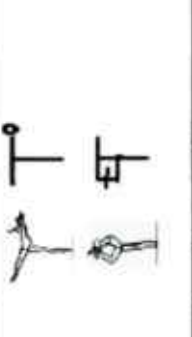

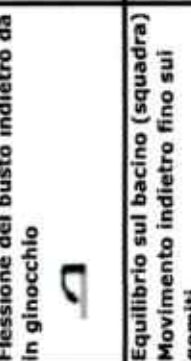
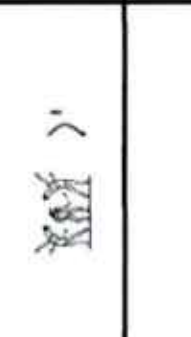
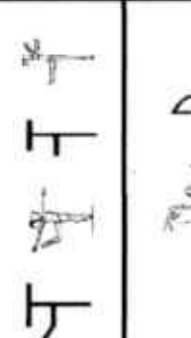
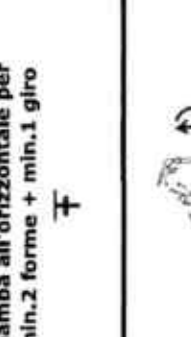
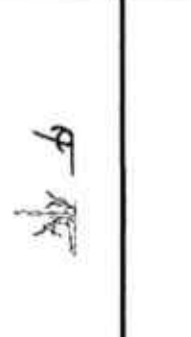


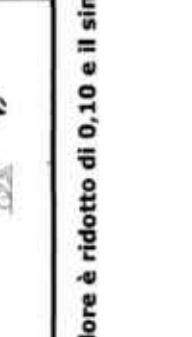






Tavola Difficoltà di Equilibrio (T)

Valore					
	0,10	0,20	0,30	0,40	0,50
1	Sull'avampiede: gamba libera al di sotto dell'orizzontale, busto flesso avanti 				
2	Staccata sagittale/frontale 				
3	Equilibrio sull'avampiede, arto libero sollevato (avanti/lat/dietro) 				
4	Flessione del busto indietro da in ginocchio 				
5	Equilibrio sul bacino (squadra) Movimento indietro fino sui gomiti 				

N.B. Gli equilibri in relevé possono essere eseguiti a piede piatto: il valore è ridotto di 0,10 e il simbolo include una freccia

